

PSYCHOLOGICAL SAFETY

In this program, we will embark on a collaborative exploration of psychological safety concept, examining its **core principles** and their impact on organizational success. Through a series of workshops and discussions, we will build a foundation of **trust and open communication** within your teams. This will empower individuals to share ideas freely, take calculated risks, and learn from mistakes – ultimately leading to a more **innovative and engaged workforce**.

It fosters a culture of collaboration where **diverse perspectives are valued** and leveraged. This leads to enhanced problem-solving, improved decision-making, and **stronger team dynamics**.

WHAT WILL YOUR PEOPLE LEARN?

- **Understand** the core principles of psychological safety and why it is essential for trust, collaboration, and high performance
- **Build an environment** where individuals feel safe to express ideas, voice concerns, and take risks without fear of judgment or punishment
- **Recognize** and address behaviors that undermine psychological safety, such as blame, exclusion, or fear-based leadership
- **Promote** open and respectful communication that fosters learning, constructive feedback, and shared accountability
- **Cultivate stronger**, more cohesive teams with improved decision-making and collaboration skills

METHODS OF DELIVERY

- **Facilitated Workshops** – Engaging sessions combining theory, reflection, and practical application
- **Group Discussions & Peer Learning** – Safe spaces to share experiences and explore diverse perspectives
- **Interactive Activities & Role-Plays** – To build empathy, communication, and trust-building skills



WHO WILL BENEFIT?

Leaders, managers and above



PROGRAM DURATION

1 Day

FACILITATOR

Mr. Azman Shah Dato' Aziz

*30 years of mastery in Training & Leadership,
Certified Coach, Experienced Psychotherapist, and
International Speaker & Trainer.
Empowers individuals and organizations worldwide
with transformative insights and strategies.*



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